



H.E.R.O.S. Volunteer Application Form

How to Volunteer

Almost anyone can be a volunteer and it doesn't take much time to become a HERO and help make a difference in a young person's life.

Just fill out the form below and send it to the H.E.R.O.S. location in your city and the H.E.R.O.S. co-ordinator will contact you as soon as possible to get you started!

Full name: _____

Address: _____

City: _____

Province: _____

Postal code: _____

Telephone: _____

Email: _____

Volunteer Interest: _____

Mentor:

Coach/Leader:

Where did you hear about us?

News:

Website:

Friend: